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Creating a Culture of Care: Trauma-Informed Practice

Many young children enter our programs with histories shaped by trauma. Understanding their needs and responding with empathy and intention is central to building a culture of care. Supporting others through adversity can also take a toll on you. How can you take care of yourself while caring for others?

Join us for this webinar to explore what it means to adopt a trauma-informed and healing-centered approach in your work with infants, young children, and their families. You will learn how trauma can affect children's behavior and development, and how to respond in ways that promote safety, connection, and resilience.

We will also touch on your well-being as a professional. The session will highlight common signs of compassion-fatigue and vicarious stress or trauma. You will learn how to identify your own red flags and resources you can explore to respond to them effectively.

By the end of the session, you will leave with a deeper understanding of the impact of trauma on children and caregivers, tools to integrate trauma-informed principles into daily practice, and strategies to support your emotional well-being and professional sustainability.

Caring for others begins with caring for yourself. This webinar will help you explore how to do both.

Learner Objectives: *As a result of participating in this webinar, learners will be able to...*

- Recognize symptoms of trauma in young children.
- Identify different types of trauma and factors that affect the outcome of trauma exposure.
- Recognize the impact of secondary stress on caregivers.
- Articulate the importance of a healing-centered approach to care.

Registration is now open!

Please save LearningEvents@zerotothree.org as a contact to receive event reminders after registration.

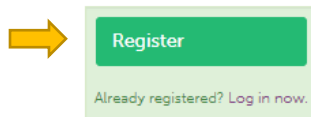
Steps for registration

Step 1: To open the registration page, please click the link:

June 9, 2025 at 10-11am PT/11am-12pm MT: <https://elearn.zerotothree.org/products/creating-a-culture-of-care-in-infant-and-early-childhood-mental-health-first-5-santa-barbara-june-9-2025>

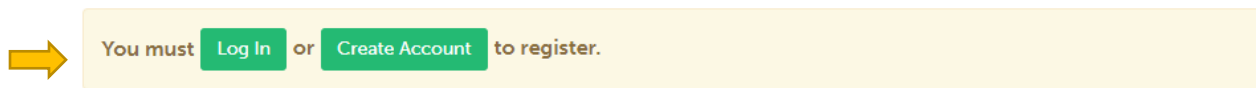
June 10, 2025 at 2-3pm PT/3-4pm MT: <https://elearn.zerotothree.org/products/creating-a-culture-of-care-in-infant-and-early-childhood-mental-health-first-5-santa-barbara-june-10-2025>

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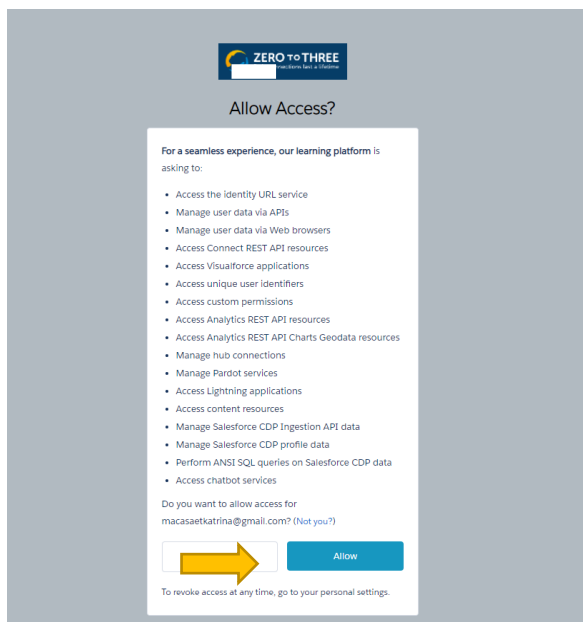


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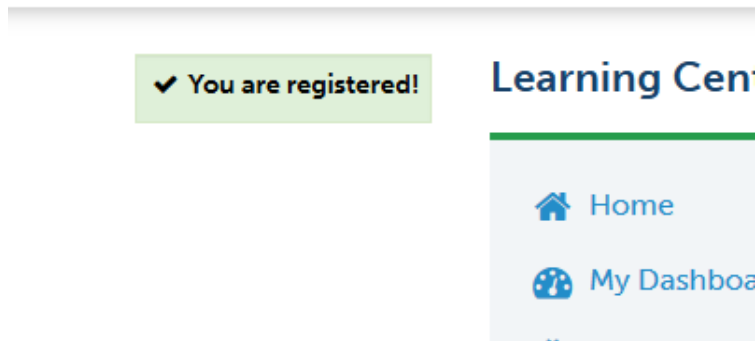
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Supporting Children and Families Around Developmental Disorders/Disabilities

When a baby is born with a developmental delay or disability, it can deeply affect the entire family. The journey may bring a wide range of emotions, questions, and the need for support at every step. Early childhood professionals are uniquely positioned to help families navigate this experience.

This webinar will explore how professionals can support both the developmental progress of young children with delays or disabilities and the emotional well-being of their families. We will review approaches for identifying developmental concerns, discuss the value of early intervention, and consider ways to strengthen family confidence and competence.

Together, we will reflect on what families may be feeling, what they need from professionals, and how to foster trusting, effective communication. By the end of the session, you will leave with greater awareness of the family's emotional experience, tools for meaningful, respectful communication, and strategies to partner with families in supporting their child's growth and development.

Your support can help families feel seen, heard, and empowered. Join us to explore how.

Learner Objectives: *As a result of participating in this webinar, learners will be able to...*

- Recognize the family's emotional experience of diagnosis and care of very young children with developmental disorders or disabilities.
- Identify key elements of communicating effectively with families.
- Identify strategies to support families with very young children who have developmental disorders or disabilities.

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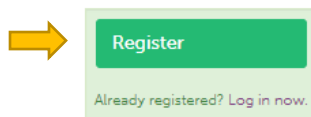
June 9, 2025 at 2-3pm PT/3-4pm MT:

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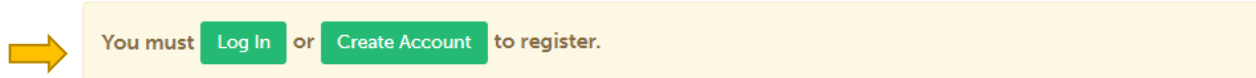
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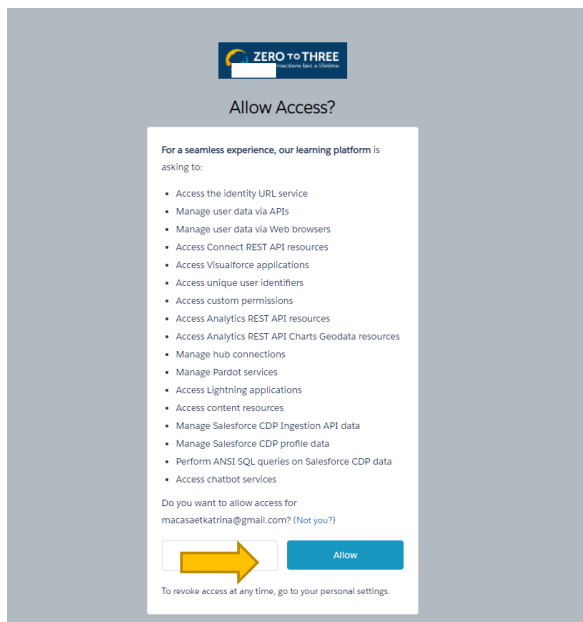


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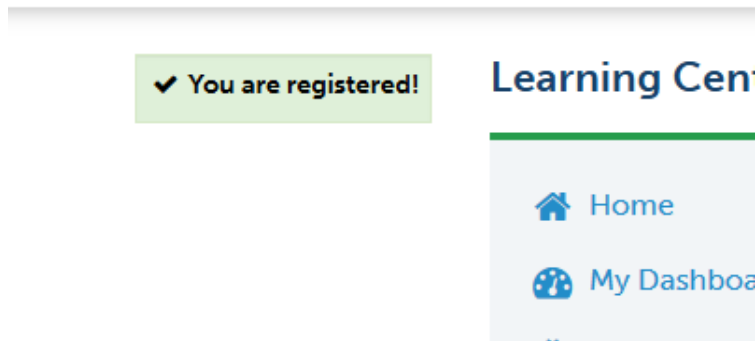
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Finding Your Voice: Advocating for Young Children, Families, and Yourself

What does it mean to be an advocate for the children and families you serve? For yourself as an early childhood professional? How do you take that first step when the issues feel so big and the systems so complex?

In this interactive webinar, we'll explore the basics of what advocacy looks like at different levels—from influencing national legislation ("Policy" with a big "P") to shifting local practices or program guidelines ("policy" with a little "p"). You'll gain clarity in the many ways early childhood professionals can lead, influence, and take action.

Advocacy isn't just about speaking out. It's about making informed, ethical, and effective decisions that promote healthy development, family well-being, and professional sustainability. We'll also talk about the importance of self-advocacy, how it connects to self-care, and why it's a professional responsibility—not a luxury.

By the end of the session, you'll leave with a stronger understanding of the role of advocacy in your daily work, practical strategies for getting started or continuing your advocacy journey, resources and tools to support your next steps

Your voice matters! Let's explore how you can use it.

Learner Objectives: *As a result of participating in this webinar, learners will be able to...*

- Differentiate between "Policy" with a big "P" and "policy" with a little "p" and identify examples of each in early childhood home visiting and related settings.
- Describe the role of advocacy in early childhood practice, including how professionals can support families, promote system improvements, and advocate for themselves.
- Identify at least two concrete strategies to begin or strengthen their personal advocacy efforts, whether in program practices, community engagement, or professional self-care.

Registration is now open!

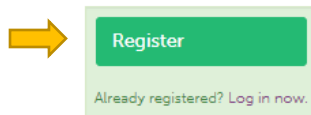
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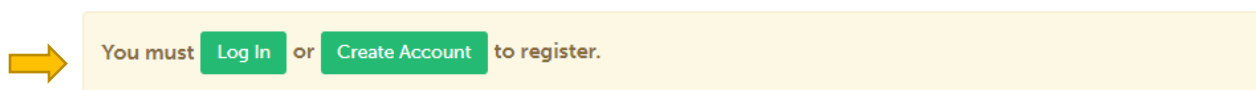
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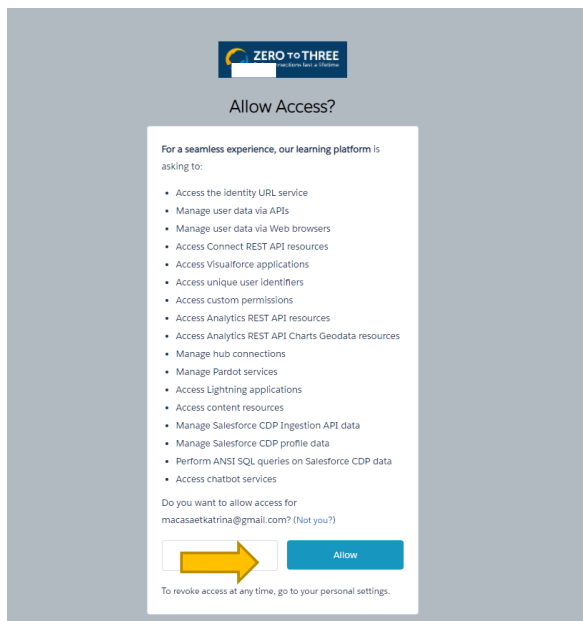


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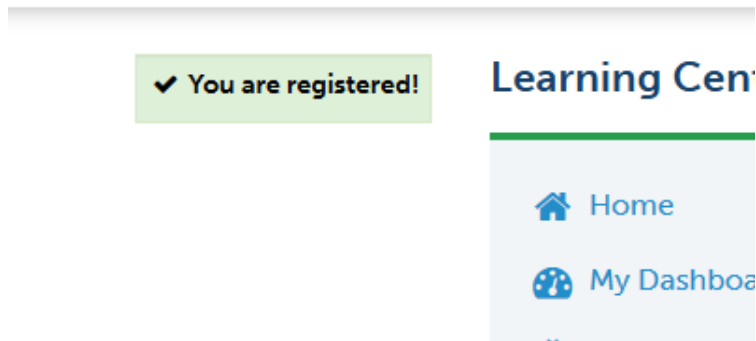
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