



Home Visiting Programs in San Luis Obispo County

FOR USE BY PROFESSIONALS

Central Coast Home Visitors

 Pregnancy		 Child Age			
First time pregnancy and <28 weeks gestation	Any stage and parity	0-6 months	6-12 months	1-2 years	3-5 years
Early Head Start Home Base Program Pregnant people and families with children under the age of 3 years old					
Family Preservation Program Expectant families and families with children up to 18 years old with referral from qualifying agency					
Help Me Grow Families with children up to 5 years old					
Teaching Together Expectant families and families with children up to 5 years old					
Home Visiting Programs Expectant families and families with children up to 5 years old					

ADMINISTERED BY:

COMMUNITY ACTION PARTNERSHIP OF SLO

SLO PUBLIC HEALTH

For more information, visit the Central Coast Home Visitors Resource Hub. This project was developed through a partnership between First 5 Santa Barbara County, First 5 San Luis Obispo County, and First 5 Ventura County, with funding from First 5 California Tri-Counties Home Visitation Workforce Development Project.



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Early Head Start Home Base Program

Promotes healthy outcomes for pregnant individuals, supports child development, and strengthens family functioning by delivering high-quality child development and parenting support services—emphasizing the parent’s role as the child’s first and most important teacher.

Community Action Partnership of San Luis Obispo County
(805) 544-4355 • arico@capslo.org or hotline@capslo.org

Who’s This For? Pregnant people and families with children under the age of 3 years old.

Duration: Weekly for a minimum of 46 weeks a year.

Family Preservation Program

Provides parent education, resource navigation, and direct services to families who are susceptible to child abuse and neglect with the goal of keeping children safe, healthy, and at home.

Community Action Partnership of San Luis Obispo County
(805) 544-4355 • inhomeparented@capslo.org

**Voluntary program; referrals must come from Department of Social Services CalWORKS Case Worker, Child Welfare Services Social Worker, or Juvenile Probation Department officer.*

Who’s This For? Expectant families and families with children up to 18 years old.*

Duration: Typically 6 to 8 visits for 3-4 months.

Help Me Grow

Aims to reduce barriers to early intervention services, ensuring all children ages 0–5 have access to regular developmental screenings and connections to necessary local support. Home-based assessments are provided when needed.

Community Action Partnership of San Luis Obispo County
(805) 544-4355 for Staff • (805) 305-4481 for Families
slohmg@capslo.org

Who’s This For? Families with children up to 5 years old.

Duration: Dependent on family need, typically 1-6 months.

Teaching Together

Increases parents’ and caregivers’ knowledge of early childhood development, strengthens parenting practices, facilitates early detection of developmental delays and health issues, and promotes school readiness—all with the goal of improving the health, learning, and development of children up to age 5.

Community Action Partnership of San Luis Obispo County
(805) 544-4355 • inhomeparented@capslo.org

Who’s This For? Expectant families and families with children up to 5 years old.

Duration: Dependent on family need. Maximum of 24 visits per year for 2 years.

Home Visiting Programs

Seeks to improve pregnancy outcomes through nurturing parenting skills and promoting child health, development, family self-sufficiency, and resilience. Connects pregnant and parenting families with nurses and family advocates who provide essential support, guidance, and resources.

San Luis Obispo County Public Health Department
(805) 781-5500 • Agency or self-referrals [HERE](#)

Who’s This For? Expectant families and families with children up to 5 years old.

Duration: Dependent on family need.