

# Home Visiting Programs in Santa Barbara County

FOR USE BY PROFESSIONALS

# Central Coast Home Visitors



## Pregnancy

First time pregnancy and <28 weeks gestation

Any stage and parity



## Child Age

0-6 months

6-12 months

1-2 years

3-5 years

ADMINISTERED BY:

### Great Beginnings Baby

Babies can be enrolled from pregnancy up to 12 months

CALM

### Healthy Families America

Babies can be enrolled from pregnancy up to 3 months with 3 or more risk factors

COUNTY OF SB

### Healthy Families America

Babies can be enrolled from pregnancy up to 2 months with 1 or more risk factors who are Medi-Cal eligible or have low income

### Maternal Child Adolescent Health Field Nursing

Expectant families and families with children up to 18 years. Focuses on Medi-Cal eligible families who are at risk for adverse medical outcomes

COMMUNITY

### Adolescent Family Life Program

Pregnant or parenting individuals who are 21 years old or younger

### Early Head Start Home Based Option

Expectant families and families with children under age 3 who are low income

CCP

### Parents as Teacher

Families and caregivers with children age 6 and under. Focus is on families facing adversity

FSA

### Parents as Teacher

Families and caregivers with children age 5 and under. Focus is on families facing adversity.

TRI-COUNTIES REGIONAL

### Early Start Program

Children birth to 36 months old who have a developmental delay

### Lanternman Program

Individuals ages 3 and older with a developmental disability

### Provisional Program

Children 0 to 5 years who have a diagnosis and significant delay in at least two major life areas

For more information, visit the Central Coast Home Visitors Resource Hub. This project was developed through a partnership between First 5 Santa Barbara County, First 5 San Luis Obispo County, and First 5 Ventura County, with funding from First 5 California Tri-Counties Home Visitation Workforce Development Project.



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### Great Beginnings Baby

Increases parents' and caregivers' understanding of child development, builds resilience, and promotes early identification and intervention for developmental or behavioral concerns while strengthening the parent-child relationship.

**CALM**  
(805) 614-9160 • [homevisitation@calm4kids.org](mailto:homevisitation@calm4kids.org)

**Who's This For?** Pregnant and postpartum parents and caregivers with a child under 12 months old who are seeking support.

**Duration:** Offered for 6 months. Weekly visits for the first month and then monthly visits.

### Healthy Families America — CALM

Promotes positive parenting and supportive environments that optimize child growth and development and encourages resilient, healthy families.

**CALM**  
**South & Mid County:** (805) 741-7460  
**North County:** (805) 614-9160  
[homevisitation@calm4kids.org](mailto:homevisitation@calm4kids.org)

**Who's This For?** Pregnant or postpartum parents and caregivers with a child less than 3 months old and at least 3 risk factors.\*

**Duration:** Weekly visits initially and offered according to family's need. Visits begin during pregnancy (or the immediate postpartum period) and can continue through the child's third birthday.

### Healthy Families America — County of Santa Barbara

Promotes positive parenting and supportive environments that optimize child growth and development, and encourages resilient, healthy families.

**County of Santa Barbara Health**  
(800) 288-8145

**Who's This For?** Pregnant or postpartum individuals with a child younger than 2 months old and with at least one risk factor, and who are Medi-Cal eligible or have low income.\*

**Duration:** Visits begin weekly for the first 6 months and then become less frequent (every 2 weeks to once a month before becoming quarterly). Visits begin during pregnancy and the immediate postpartum period and can continue through the child's third birthday.

### Maternal Child Adolescent Health Field Nursing

Supports individuals across the life span with family planning, pregnancy, postpartum support, child development, complex health issues, grief support, and safety.

**County of Santa Barbara Health**  
(800) 288-8145

**Who's This For?** Expectant families and families with children up to 18 years old. Focuses on Medi-Cal eligible families who are at risk for adverse medical outcomes.\*

**Duration:** Varies based on need, typically once a month for 3-6 months.

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### Adolescent Family Life Program

Increases social and emotional support; promotes healthy birth outcomes, pregnancy planning, and spacing; increases educational attainment; and improves access to and use of essential services.

**CommUnify**

(805) 922-2243 Ext. 131 • Cell: 805-310-9935

**Who's This For?** Pregnant or parenting individuals who are 21 years old or younger.

**Duration:** Typically twice a month for 12 months.

### Early Head Start Home Based Option

Promotes healthy outcomes for pregnant individuals, supports child development, and strengthens family functioning by delivering high-quality child development and parenting support services—emphasizing the parent's role as the child's first and most important teacher.

**CommUnify**

South County: (805) 964-8857 • Mid County: (805) 740-4555 • North County: (805) 922-2243

**Who's This For?** Families who have low income and with a child under 3 years old.

**Duration:** Weekly for a minimum of 46 weeks a year.

### Parents as Teachers — Carpinteria Children's Project

Fosters a nurturing and supportive environment that promotes early childhood development and prepares children for lifelong success by expanding parent knowledge, strengthening parenting practices, and supporting children's health and well-being.

**Carpinteria Children's Project**

805-566-1600 • [info@carpchildren.org](mailto:info@carpchildren.org)

**Who's This For?** Families with children ages 6 and younger, including parents, foster/kinship parents, grandparents, and anyone else caring for children in their custody. Focus is on families facing adversity.

**Duration:** Weekly and then every 2 weeks to once-a-month, then quarterly as needed until the child turns 6 years old.

### Parents as Teachers — Family Service Agency

Increases parent understanding of early childhood development and promotes positive practices through individualized sessions.

**Family Service Agency**

(805) 743-4146 x 2265 • (805) 448-1072  
[ncardoza@fsacares.org](mailto:ncardoza@fsacares.org)  
[fsasupport@fsacares.org](mailto:fsasupport@fsacares.org)

**Who's This For?** Families with children ages 5 and younger, including parents, foster/kinship parents, grandparents, and anyone else caring for children in their custody. Focus is on families facing adversity.

**Duration:** Weekly for 8 weeks. More visits available, as needed.

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### Early Start Program

Offers educational services for families with infants and toddlers based on developmental delays, as well as family concerns, priorities, and resources.

**Tri-Counties Regional Center**  
(805) 962-7881

**Who's This For?** Children birth to 36 months old who have a developmental delay.

**Duration:** Every 6 months until the child is 36 months old. Quarterly for children in foster care.

### Lanterman Program

Provides support to individuals with a developmental disability.

**Tri-Counties Regional Center**  
(805) 962-7881

**Who's This For?** Individuals ages 3 and older with Autism, Intellectual Disability, Cerebral Palsy, Epilepsy or 5th Category (similar to ID) and significant handicap in at least 3 major life areas.\*

**Duration:** Once a year. Quarterly for those living outside of the family home.

### Provisional Program

Provides developmental monitoring support for children.

**Tri-Counties Regional Center**  
(805) 962-7881

**Who's This For?** Children 0 through 5 years old who have a diagnosis and significant delay in at least two major life areas.\*

**Duration:** Once a year. Quarterly for those living outside of the family home.